



C	Call out, How can I help? Target behaviour not the health care provider.
P	Plan and practice your intervention strategy in advance.
R	Review chart, speak to client, and assess the client.
R	Review treatment plan and respectfully request rationale for current treatment approach.
A	Allyship, advocate, educate yourself and colleagues about becoming anti-racist.
C	Check with the client and verbalize your position, are you okay? Become the safe person.
I	Intervene, always be an active bystander.
S	Speak up to leadership about your concerns and seek support for yourself.
M	Model safe, competent, compassionate, ethical, and trauma informed care in all interactions.



ARTICLE

**CPR RACISM: A Guide for
Health Care Providers to
Safely Address Racism in
a Health Care Setting.**

VIDEO

**CPR RACISM An
educational video to
assist Health Care
Providers with taking action.**



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A GUIDE TO ADDRESS RACISM IN HEALTH CARE