



- C** Call out, How can I help? Target behaviour not the health care provider.
- P** Plan and practice your intervention strategy in advance.
- R** Review chart, speak to client, and assess the client.
- R** Review treatment plan and respectfully request rationale for current treatment approach.
- A** Allyship, advocate, educate yourself and colleagues about becoming anti-racist.
- C** Check with the client and verbalize your position, are you okay? Become the safe person.
- I** Intervene, always be an active bystander.
- S** Speak up to leadership about your concerns and seek support for yourself.
- M** Model safe, competent, compassionate, ethical, and trauma informed care in all interactions.



ARTICLE

CPR RACISM: A Guide for Health Care Providers to Safely Address Racism in a Health Care Setting.

VIDEO

CPR RACISM An educational video to assist Health Care Providers with taking action.



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A GUIDE TO ADDRESS RACISM IN HEALTH CARE